

## WHEN ARE CLASSES OFFERED?

Sessions start approximately every 8 weeks throughout the year.

Our regular class schedule is as follows:

Learn to Skate Class Schedule				
Class Level	Monday	Thursday	Saturday	
<b>Snowplow Sam 1</b>	5:30pm	6:00pm	11:30am	
<b>Snowplow Sam 2</b>	5:30pm		11:30am	
<b>Snowplow Sam 3</b>	5:30pm		11:30am	
<b>Snowplow Sam 4</b>	5:30pm		11:30am	
<b>Basic 1</b>	5:30pm	11:45am	5:30pm	11:30am
<b>Basic 1 Overflow*</b>	6:30pm			12:00pm
<b>Basic 2</b>	5:30pm	11:45am	5:30pm	11:30am
<b>Basic 2 Overflow*</b>	6:00pm	6:00pm		12:00pm
<b>Basic 3</b>	6:00pm	11:45am	5:30pm	12:00pm
<b>Basic 4</b>	6:00pm	11:45am	5:30pm	12:00pm
<b>Basic 5</b>	6:00pm	11:45am	6:00pm	12:00pm
<b>Basic 6</b>	6:00pm	11:45am	6:00pm	12:00pm
<b>Edge Class</b>				12:30pm
<b>Youth Academy</b>				1:00pm
<b>Adult Academy</b>				1:00pm
<b>Academy Off-Ice</b>				1:45pm
<b>Adult 1</b>	5:30pm	5:30pm		11:30am
<b>Adult 2</b>	5:30pm	5:30pm		11:30am
<b>Adult 3</b>	6:00pm	5:30pm		12:00pm
<b>Adult 4</b>	6:00pm	6:00pm		12:00pm
<b>Adult 5</b>	6:30pm	6:00pm		
<b>Adult 6</b>	6:30pm	6:00pm		
<b>Pre-Freeskate</b>	5:30pm	6:00pm		
<b>Freeskate 1</b>	6:30pm	6:00pm		
<b>Freeskate 2</b>	6:30pm	6:00pm		
<b>Freeskate 3</b>	6:30pm			
<b>Freeskate 4</b>	6:30pm			
<b>Freeskate 5</b>	6:30pm			
<b>Freeskate 6</b>	6:30pm			
<b>Axel Up/Double Up</b>	6:00pm			
<b>Ice Dance</b>		6:30pm		

\*These additional "overflow" classes may be added at the discretion of the program director when the primary classes are full, and may not be available every session.

## Hockey Learn to Skate Class Schedule

Class Level	Wednesday	Saturday
<b>Snowplow Sam 1</b>	5:30pm	12:45pm
<b>Snowplow Sam 2</b>	5:30pm	12:45pm
<b>Snowplow Sam 3</b>	5:30pm	12:45pm
<b>Hockey 1</b>	5:30pm	12:45pm
<b>Hockey 2</b>	5:30pm	12:45pm
<b>Adult Hockey Skating</b>	5:30pm	12:45pm

## Hockey Learn to Play Class Schedule

	Wednesday	Saturday
<b>Youth</b>	6:00pm	11:45am
<b>Adult</b>		1:15pm

## CAN I GET A CREDIT OR REFUND?

Please contact the Learn to Skate Director or Assistant Director, or the Hockey Director should you need to inquire about a credit or refund. Currently we only accept refunds for medical reasons with a physician's note.

## I HAVE MORE QUESTIONS, WHO CAN I CONTACT?

**Peter Biver**  
Skating Director  
peter@iceandfield.com  
512-795-4931 ext. 1004

**Deana Spencer**  
Learn to Skate Director  
deana@iceandfield.com  
512-795-4931 ext. 1004

**Chaz Henry**  
Hockey Director  
chaz@iceandfield.com  
512-795-4931 ext. 1008

## REGISTER ONLINE FOR CLASSES:



# ICE & FIELD

AT THE CROSSOVER  
1717 Scottsdale Dr.  
Cedar Park, TX 78641  
www.iceandfield.com

LEARN TO  
**SKATE**  
USA

# ICE & FIELD

AT THE CROSSOVER

## FREQUENTLY ASKED QUESTIONS (FAQ)

### WHEN DO I START?

Ice & Field at the Crossover has group classes for all ages and abilities. Even if you have never skated previously, there is an entry level class just perfect for you:

#### Ages 3-5

- Snowplow Sam 1 (LTS or Hockey)

Note: Snowplow 1-4 for this age is equivalent to Basic 1 or Hockey 1 for youth. After passing Snowplow 4, skaters advance to Basic 2 or Hockey 2.

#### Ages 6-14

- Youth Basic 1 (LTS)
- Youth Hockey 1 (Hockey LTS)

Note: Basic 1 (figure skating) and Hockey 1 are comparable entry level classes. Hockey 1 will be taught by a hockey instructor through our Learn to Play program.

#### Ages 15+

- Adult 1 (LTS)
- Adult Hockey Skating (Hockey LTS)

Note: If the skater is between the ages of 15 and 17, they have the option of joining the Basic Classes or the Adult Classes.

## WHAT IS INCLUDED WITH MY CLASS REGISTRATION?

A Learn to Skate Session (usually 7 or 8 weeks) will include the following:

- 30 minutes of group instruction on the ice (classes with low enrollment may be combined another level)
- Skate rental on the day of your class and during Public Sessions
- \$5 Public Session Admission for the enrolled skater only
- Evaluation at the end of the session

## CAN I GET AN EVALUATION TO START BEYOND THE BEGINNER LEVEL?

You must be evaluated by our Figure Skating Department (the Director, Assistant Director, or a Senior Coach) or Hockey Department to be considered for advanced placement in our classes. Once evaluated, you will be placed in the appropriate level to help maximize your abilities and skills on the ice. We strongly recommend doing any evaluations before registration opens so you can sign up for your desired class prior to classes starting as beginner classes usually fill up.

## SHOULD I START IN GROUP OR PRIVATE LESSONS?

We recommend all skaters start in our group lesson program because it is fun to learn to skate in a group, a great value, and you will be introduced to our wonderful staff!

Our classes include 30 minutes of group instruction on the ice, \$5 Public Session Admission, and skate rental.

Private lessons range from \$30-\$50+ per 30 min depending on the rate set by the instructor, plus ice time (all skaters must also pay for the session they have a lesson on).

The Basic 4 level is a great time to start supplemental private lessons as the skill set becomes more difficult at this level. Additionally, if your skater is interested in doing competitions and shows (available to skaters of ALL levels), a private lesson coach and assist you with these skating opportunities.

## ARE MAKE-UP CLASSES OFFERED?

Ice & Field offers skaters one make-up class per session, with the exception of the final week of each session due to evaluations. Make-up classes must be used within the current skating session. The procedure to use your one make-up class is to choose another day the same class (or equivalent class) is offered from the LTS Class List. When you arrive at the rink, check in at the front desk to receive a make-up class sticker to notify the coach on the ice you are using a make-up class.

All specialty classes are interchangeable for make-ups, and freestyle classes may select a specialty class as

a make-up if another freestyle class is not available or convenient, or the on-ice portion of Academy.

No advanced reservation is required.

## WHAT IS "BRING-A-FRIEND DAY"?

We are currently restructuring this event - so stay tuned for updates.

## ARE THERE ANY DISCOUNTS AVAILABLE?

We currently offer a 10% discount for multiple class purchases or family member discount - use "Multi" when checking out and registering for multiple classes.

## WHAT SHOULD I WEAR?

- We recommend dressing in layers including pants that allow for movement.
- **BRING GLOVES** or mittens - ski / waterproof gloves are recommended for extra protection
- Wear thin socks that come above the ankle so skates can fit snug
- **Helmets are VERY STRONGLY recommended.** A snow cap rolled up in the back can also provide extra padding. Please note: Helmets are required for all Snowplow Sam classes. If you are interested in hats or headbands this company makes them specifically designed for protection. <https://crasche.com/products>
- Snow pants are great for the Snowplow Sam classes on their first days to stay dry as they are finding their balance
- For all beginner levels, it is highly recommended that all skaters start with figure skates as the toe pick provides better balance. Once this is attained the skater can move on to hockey skates
- Please place elbow and knee pads under clothing if possible as the plastic is very slippery on the ice and produces more unneeded falling
- For Snowplow Sam levels, no hockey gloves please. The instructors need to hold the hands of our skaters and the hockey gloves tend to slip and are difficult to grasp to assist

## DO I NEED A HELMET?

All Snowplow classes are required to wear a helmet. For all other classes, helmets are optional although strongly recommended for Basic 1 and Adult 1. Another option for Basic 1 and Adult 1 levels is a padded skating headband (see above for the Crasche website).

## DO I NEED MY OWN SKATES?

Skate rental is included with your class. We recommend getting your own skates by the Basic 4 level so that you have a consistent fit and feel each week and equipment

that will be suited for the more difficult skills at this level and higher.

You may contact the Director for information regarding a skate fitting. It is NOT recommended to buy skates online.

## HOW DO I SELECT MY RENTAL SKATES?

Skates should fit very snug. If skates are too big, excessive room at the toes will make it very difficult to balance. To ensure the skate is snug, lace the bottom portion slightly snug while lacing a bit more snugly up towards the ankle.

All skaters should start in figure skates as it is much easier to balance on the longer, flatter blades. When it is time to transition to hockey skates, we recommend doing so during practice to adjust before the next lesson.

## WHAT IS THE EVALUATION PROCESS?

All skaters will receive an evaluation at the end of the session so you know what level to sign up for next. This is usually started the week prior to the end of the session to help students know if they are moving on to the next level or to assist them on skills that may need more focus and practice.

It generally takes 7-14 weeks to pass Basic 1 and 2 levels, and 16-24 weeks to pass Basic 3 and up. This time frame can be greatly decreased by registering for multiple classes per week and we recommend all our skaters Basic 4 & up to take at least two classes per week. Skaters can also be moved up prior to week 3 if an instructor, the Skating Director, or Assistant Director verifies the skill level of the skater. It is our priority that all skaters receive a solid foundation to build on for future skills before moving up to the next level, and for this reason we don't recommend moving a skater up with only a few weeks left in a session.

## WHEN CAN I PRACTICE?

Skaters may practice on Public Sessions as well as Freestyle Sessions (skater must be in Freeskiate 1 or above).

We strongly encourage skaters to practice during the week to help master the skills needed to progress and to work on building confidence and developing consistency in the required skills.

## WHAT IS A LEARN TO SKATE USA MEMBERSHIP?

Membership with Learn to Skate USA (LTSUSA) is required to participate in our program.

The \$16 annual membership fee for each skater gives skaters access to the national LTS curriculum used by our program and also provides secondary sports accident insurance, a magazine subscription and welcome packet, and it allows skaters the opportunity to compete at their current level locally and nationally at sanctioned events.